

DIABETES FLOWSHEET

PATIENT _____ CHART # _____

DX: Type 1 (250_1/3) Type 2 (250_0/2) Year Diagnosed: _____ Ideal Body Weight: _____ Dr. Janzen

COMPLICATIONS: No comps (250.0) Nephropathy (250.4) Retinopathy (250.5) Neuropathy (250.6) Periph Vasc (250.7)

Parameter	ADA Std / Frequency	DATE OF EXAM -- use for quarterly DIABETIC FOLLOWUP exams									
Height											
Weight	< 120% IBW										
D I A B R X											
H I S T O R Y	Hypoglycemic Sxs										
	Chest Pain / Periph Vasc Sxs	/	/	/	/	/	/	/	/	/	/
	Neuropathy / Vision Sxs	/	/	/	/	/	/	/	/	/	/
	GI - gastroparesis, constipation										
	Foot Ulcers, Sores, etc.										
	SMBG - Fasting	80-120									
	Before meals	80-120									
	After meals	80-140									
Bedtime	100-140										
L A B	HgbA1c	< 7%									
	Blood Glucose	--									
	Microalbumin	Annually									
	Urinalysis	Annually									
	Creatinine	Annually									
	24hr CrCl	--									
	24 hr Protein	< 300 mg									
	Cholesterol - total	Annually									
... HDL / LDL		/	/	/	/	/	/	/	/	/	
Fundoscopy/Eye Dr	Annually										
Foot Exam	q 6 mo										
Vibratory Check	q 6 mo										
Monofilament Check	q 6 mo										
Diabetes Education	Annually										
SMBG Technique chk	Annually										
Nutritional Education											
Exercise (+ / -)											
Smoking (+ / -)											
Rec Followup											
INITIALS											